**Individual Readiness Checklist**

From *Empowered: One Planet at a Time,* pages 61-64

How will you know you are ready to stand up on a specific issue? The *Individual Readiness Checklist* below will help you determine where you are clear and where you may need to do additional work before you begin. Ideally, when you “agree” or “strongly agree” with every item on the checklist, you will be ready to act effectively on an issue that matters to you. Use this downloadable worksheet to rate your individual readiness.

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| ***Individual Readiness Checklist*** | 1Strongly Disagree | 2Disagree | 3Neutral | 4Agree | 5Strongly Agree |
| I understand my chosen issue well because I have researched it. |  |  |  |  |  |
| I have narrowed my scope appropriately so I can be more effective. |  |  |  |  |  |
| I know what I stand for on the issue. |  |  |  |  |  |
| I have courage to stand up on the issue. |  |  |  |  |  |
| I know where my courage on the issue comes from. |  |  |  |  |  |
| I know my strengths on the issue. |  |  |  |  |  |
| I know my weaknesses on the issue. |  |  |  |  |  |
| I have determined what my method(s) and pathway(s) for action will be. |  |  |  |  |  |
| I have determined my timeline. |  |  |  |  |  |
| I know how I will review or evaluate my actions so I can identify ways to adjust and improve. |  |  |  |  |  |
| I have determined what my measure(s) of success will be. |  |  |  |  |  |
| I have the resources I need to be an agent for change on this issue. |  |  |  |  |  |
| I am confident in my knowledge and abilities to bring about change on this issue. |  |  |  |  |  |